

The Joe and Pat Johnson Nutrition Symposium 2023

Friday, March 10

Boling University Center Legislative Chamber, 1st floor

- 8:00-8:25 Registration and Continental Breakfast and *Poster Session*
- 8:25-8:30 Dr. Todd A. Winters, Dean, College of Agriculture and Applied Sciences, University of Tennessee Martin
Opening and Welcome
- 8:30-9:00 Lauren Cromer MS, RDN, LDN. 2022-2023 TAND Presidential Address, State of the State Update.**
LC: 1.5.1
LC: 3.1.7
- 9:00-9:15 Olivia Bankston, BS, University of Tennessee Martin, UTM Dietetic Intern
Challenges with Feeding Preterm Infants
LC: 8.2.1
LC: 9.1.2
- 9:15-9:30 Madison Barker, BS, Middle Tennessee State University, UTM Dietetic Intern
How Visual Impairment Affects Nutritional Status
LC: 3.3.3
LC: 4.1.1
- 9:30-10:15 Monique Richard MS, RDN, LDN, FAND, IFNCP, RYT**
Nutrition in Integrative and Functional Medicine: the 'what, why and how' ?
Integrative Dietitian Nutritionist, Registered Yoga Teacher
Owner, Nutrition-In-Sight
National Media Spokesperson, Academy of Nutrition and Dietetics
Immediate Past President, International Affiliate of the Academy of Nutrition and Dietetics
LC: 2.1.2
LC: 2.1.3
- 10:15-10:30 *Break POSTER SESSION*
- 10:30-10:45 Journey Adkins, BS, University of Tennessee Martin, UTM Dietetic Intern
Lowering the Risk of Childhood Obesity
LC: 8.2.1
LC: 9.4.5
- 10:45-11:00 Sarah Gibson, University of Memphis, UTM Dietetic Intern
Improving gut micro-biome in treatment of diabetes mellitus 2
LC: 9.3.2
LC: 9.4.5
- 11:00-11:45 Blackberry Pond Farm**
Health Benefits of Microgreens and Local Organic vegetables
LC: 7.2.6
LC: 14.1.1

11:45-1:00 Lunch provided w/ pre-registration **POSTER SESSION**

Dr. Keith Dooley, PhD, Chair, UTM Family & Consumer Sciences – Department Update

1:00-1:15 Asia Torry, BS, University of Tennessee at Martin, UTM Dietetic Intern
Nutrition Implications and Management of Hashimoto's Disease

LC: 8.1.1

LC: 10.1.1

1:15-2:00 **Jacqueline Daughtry RDN, LDN, Clinical Nutrition Manager, Regional One Health, Memphis**
A Fresh Idea

LC: 1.1.3

LC: 1.1.6

2:00-2:15 ***Break***

2:15-2:30 Miriam Boutte, BS, University of Tennessee Martin, UTM Dietetic Intern
The Importance of Nutrition Care Post-Discharge

LC: 4.1.1

LC: 4.2.1

Evaluation and Conclusion

**Brief WTAND Business Meeting to follow*